

# **Identification of Polar Volatile Organic Compounds in Consumer Products and Common Microenvironments**

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16. ABSTRACT <p>Polar volatile organic compounds were identified in the headspace of 31 fragrance products such as perfumes, colognes and soaps. About 150 different chemicals were identified in a semiquantitative fashion, using two methods to analyze the headspace: direct injection into a gas chromatograph and collection by an evacuated canister, each followed by GC-MS analysis. The canister method displayed low recoveries for most of the 25 polar chemical standards tested. However, reconstructed ion chromatograms (RICs) from the canister showed good agreement with RICs from the direct injection method except for some high boiling point compounds. Canister samples collected in 15 microenvironments expected to contain the fragrance products tested (potpourri stores, fragrance sections of department stores, etc.) showed relatively low concentrations of most of these polar chemicals compared with certain common nonpolar chemicals. The results presented will be useful for models of personal exposure and indoor air quality.</p>		
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## INTRODUCTION

Previous studies have shown that common personal activities (1) and emissions from building materials (2) or consumer products, particularly in enclosed spaces (microenvironments) (3) can elevate exposures to a number of toxic and carcinogenic volatile organic compounds (VOCs). These earlier studies investigated about 25 personal activities, 50 building materials, and 32 microenvironments for a set of about 30 VOCs, mostly nonpolar aliphatic, aromatic, and halogenated compounds. These are of course only a small number of the hundreds or thousands of activities, materials, and microenvironments people encounter daily, and the chemicals are representative of only a few of the many classes of chemicals encountered daily.

In an attempt to broaden the number of microenvironments and chemical classes studied, the U.S. EPA sponsored a study of polar chemicals emitted from 31 consumer products and 16 microenvironments. Polar chemicals such as alcohols, aldehydes, esters, and ketones are of interest because of their odorous and irritant properties. Complaints of odors and eye, nose, and throat irritation are often encountered, particularly in the office environment, as part of a complex of symptoms known as Sick Building Syndrome (SBS) (4). Some people may be unusually sensitive to odors or irritant properties of these chemicals (chemical sensitivity) (5). Both SBS and chemical sensitivity may be widespread enough to have significant effects on the country's productivity and health care costs.

## STUDY DESIGN

The study had three objectives:

- 1) Determine whether canister collection followed by GC-MS analysis would be capable of identifying (and, if possible, quantifying) polar VOCs collected in microenvironments and in the headspace of products.

2) Identify (and, if possible, quantify) all polar VOCs emitted by selected fragrance products.

3) Investigate microenvironments containing these products for the presence of these polar (as well as nonpolar) VOCs.

The approach was to obtain standards for the various chemicals likely to be used in fragrance products and to determine whether the chemicals could be recovered quantitatively from the evacuated canister. If so, the products and microenvironments would be investigated quantitatively using the canister to collect headspace and microenvironmental samples.

If canister recoveries were low or variable, the canister would be supplemented by a direct injection method for the headspace analyses. This would allow comparison of the chromatograms from the two methods and identification of chemicals that were not recovered sufficiently by the canister. GC-MS analysis would provide for identification of the chemicals. However, the amounts of the chemicals would be determined only in a semiquantitative fashion.

A complete description of the study is provided in an EPA report (6).

## METHODS

Standards for 34 chemicals used in perfumes, soaps, and other scented products were obtained and loaded into evacuated Summa(tm) canisters at levels of about 50 ng/mL. The same standards were also used to form dilute solutions in methanol (about 50 ng/uL). The standards were analyzed both from the canister and through injection of the methanol solution into the glass injection port of the GC-MS system, which is described fully elsewhere (3). Recovery efficiencies were calculated by comparing the amount recovered from the canister to the amount recovered from the direct liquid injection.

The 31 scented product brands to be tested were chosen from a broad variety of product categories such as perfumes, soaps, and deodorants. Brand names were selected based on recommendations from persons who had experienced health symptoms or discomfort that they attributed to the product. Generally only one or two

different brands were tested within a category. Since only one semiquantitative analysis was made for each sample, the results can not be interpreted as indicative of that sample's "actual" or "typical" composition; therefore brand names will not be revealed.

Scented products were tested using a headspace generation system. A small amount of the product was placed in a headspace purge vessel and then a stream of slightly humidified N<sub>2</sub> gas was directed through a port in the vessel. The gas stream was collected by a 1.8L canister with a restrictive orifice or went directly to the analytical instrument. The transfer line from the headspace purge vessel to the cryotrap was heated to 50° C. For canister analyses the transfer line was not heated, to better evaluate the typical mode of analysis of canister air samples. No dryer to remove excess humidity was used in either case, in order not to lose the polar chemicals along with the water vapor.

Canisters were used to collect 1.8L grab samples from 15 commercial establishments expected to contain scented products (potpourri stores, craft and hobby stores, etc.) and a few homes.

## RESULTS

Of the 34 fragrance standards tested, nine were not recoverable from the methanol solution: linalool, linalyl acetate, hydroxycitronellol, triethylamine, benzyl salicylate, hexyl cinnamaldehyde, musk ambrette, eugenol, and furfuryl propionate. Recoveries of most of the remaining 25 chemicals from the canister were generally poor, typically getting worse with higher boiling points and lower volatilities. Since fragrances are selected partly for their ability to remain associated with the person or product, they tend to have low volatilities. These results indicate that the higher boiling compounds used in fragrances may not be recovered very well from passivated canisters, and that the sampling methodology may need to be changed to one that can better capture and release these compounds.

Because of the low recoveries for many compounds, the canister was supplemented, as planned, by a direct injection method for the headspace analyses. All 31 products were analyzed using the direct injection method. On 17 of these, the canister was also

employed. It is interesting to note that canister recoveries appeared to improve when the much larger concentrations associated with the headspace of the scented products were sampled, as could be determined by comparing the headspace and canister chromatograms. Figures 1-3, typical of a number of these comparisons, show that for the products tested the canister matched the headspace chromatogram fairly well up to a retention time of 35-40 minutes, after which the response of the canister was degraded. Many of the fragrance standards (e.g., linalool) that had poor recoveries in the initial set of experiments showed up consistently in both the headspace and canister samples of the scented products.

All chemicals were identified but only semiquantitative estimates were provided for their concentrations in the microenvironmental and product samples. The chemicals with the highest concentrations (relative to the other chemicals) in each sample are listed in Table I.

A total of about 150 chemicals were identified in the 31 products, and about 100 chemicals in the 15 microenvironments. The chemicals appearing most often in the products and microenvironments are listed in Tables II and III.

## DISCUSSION

The headspace analysis method employing direct injection through heated transfer lines with no dryer was capable of identifying some hundreds of polar and nonpolar VOCs emitted by the tested products. The method employing collection of headspace vapors in a canister, followed by nonheated transfer lines with no dryer, also gave useful semiquantitative results for many of these same polar and nonpolar chemicals, but with some degradation of performance noted for chemicals with higher boiling points. From previous studies, the point at which canister performance begins to degrade occurs roughly at the boiling point of n-dodecane(7). For chemicals with higher boiling points, a different collection medium such as Tenax may be more suitable, although this hypothesis needs to be tested in the case of the polar organics.

As can be seen from comparing Tables II and III, a different set of chemicals appeared to be found in the microenvironments compared with the scented products, despite the fact that many of these microenvironments were chosen because they contain these

products. This may be due to the observed low recoveries that occur when the canister is employed in atmospheres with low concentrations of polar chemicals.

The 31 fragrance products tested contained a number of the same chemicals. Chemicals that appeared in more than half of these products included ethanol, limonene, linalool, B-phenethyl alcohol, and B-myrcene. Ethanol is an alcohol used as a solvent base for many of these preparations. Limonene is a terpene contained in citrus fruits, pine trees, etc. and is a very popular additive to perfumes, soaps, polishes, room air fresheners, soft drinks, and innumerable other products. Linalool is found in cinnamon and lavender. B-phenethyl alcohol is present in many flowers, and has a roselike scent. B-myrcene is found in bay leaves, verbena, and hops.

Many of the other chemicals found in the fragrance products are natural chemicals occurring in flowers, fruits, and trees(8). Their function in some cases appears to be to attract helpful insects such as bees; in other cases, the scents act as a repellent (e.g., citronella). Few of these chemicals have been tested for carcinogenicity, although some (e.g.,  $\alpha$ -pinene) are known mutagens and others (e.g., camphor) have known toxic effects at high concentrations(8). Limonene was tested for carcinogenicity and was observed to cause cancer in male rats, but not in mice or female rats(9).

Some of the brand names tested have been identified as being associated with mucous membrane irritation, weakness, or other symptoms in some people. If one or a few ingredients are responsible for the irritant health effects of some products, the results of the individual chemical analyses of these products (available on request from the authors) could be used to select likely individual chemicals for controlled experimental exposures.

The most common chemicals observed in the 15 microenvironments were toluene, methylene chloride, ethanol, 1,1,1-trichloroethane, silane compounds,  $\alpha$ -pinene, isopropanol, xylenes, and undecane. Of these, only ethanol was among the five most common chemicals associated with the fragrance products. Toluene and xylenes are petroleum-based aromatic compounds widely used in paints, adhesives, and literally thousands of other products. Methylene chloride is a manmade halocarbon used in paint removers and many other solvents. 1,1,1-trichloroethane is another halocarbon solvent used in hundreds of products including polishes and dry cleaning fluids.  $\alpha$ -

pinene is a terpene found in pine and many other woods, and is a popular additive (pine scent) to polishes, soaps, air fresheners, etc. Decane and undecane are straight-chain hydrocarbons found in paints, adhesives, and building materials.

## CONCLUSIONS

The canister method tested showed low recoveries on most of the 34 fragrance standards tested at low concentrations. However, at the higher concentrations encountered in the headspace of fragrances, both the direct injection method and the canister method were capable of identifying scores of polar VOCs emitted from products. The most common of these polar VOCs were identified, and included alcohols, esters, and aldehydes. Since some of these polar VOCs are associated with irritation, odors, and other health and comfort concerns(4), identification without quantitative measurements may be useful in determining chemicals emitted by a suspect source. Some evidence of reduced canister recoveries for polar VOCs with high boiling points was noted; a different collection method may be required for polar VOCs with boiling points greater than that of n-dodecane.

Many of the chemicals detected in the fragrance products are naturally derived from plants(7). Although 150 different chemicals were detected in 31 such products, a rather small set of these natural fragrances appeared in many of the products. Thus if one or more of these chemicals are responsible for the human health reactions to fragrant products reported by many(5), it could be possible to carry out a testing program on the set of 15-20 chemicals reported here as appearing repeatedly in these products. It would also be possible to use the methods described here to identify chemicals of interest in other products associated with health symptoms or comfort complaints.

## DISCLAIMER

This paper is based on research sponsored by the Environmental Protection Agency but does not necessarily reflect EPA policy.

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Table I. Number of chemicals identified and principal chemicals present in products tested and locations sampled.

<b>Product</b>	<b>N (a)</b>	<b>Principal chemicals (b)</b>
perfume #1	55	linalool, limonene, ethanol, B-citronellol
perfume #2	24	linalool, a-terpineol, limonene, benzyl acetate
perfume #3	28	linalool, unknown, 1,8-cineole, neryl acetate
cologne #1	49	limonene, linalool, B-phenethyl alcohol
cologne #2	45	limonene, a-guaiene, C15H24
bar soap #1	54	limonene, a,B-pinene, linalool
bar soap #2	40	limonene, linalool, other alcohols
shampoo	25	linalool, benzyl acetate, B-citronellol
hairspray #1	19	fluor compounds, benzaldehyde, silane compound
hairspray #2	17	unknown, butene, butane, ethanol, C11H24O, isopentone, a-terpineol, isobutane
shaving cream	17	limonene, propanal
after shave lotion	19	menthol, B-citronellol
solid deodorant #1	34	hexamethylcyclotrisiloxane , trimethylsilane, limonene, linalool
solid deodorant #2	12	limonene

spray deodorant	26	silane compounds, limonene
hand lotion	22	unknown, linalool
nail color	18	camphor, unknown, alcohol ? (c)
nail enamel remover #1	12	benzyl alcohols, linalool, B-citronellol, limonene, B-phenethyl alcohol
nail enamel remover #2	14	limonene, ethyl acetate, a-terpinolene, nerol, C10H18O
detergent powder	20	a-terpineol, linalool
bleach powder	25	a-terpineol, linalool, C12H22O2 (acetate)
fabric softener #1	23	benzyl acetate, limonene, γ-methyl ionone, linalool, ester (?), ethanol
fabric softener #2	28	ester (?), C12H22O2 (acetate), linalool, a-terpineol, B-citronellol, C14H22O (alcohol)
dishwashing liquid #1	19	limonene, ethanol, acetone
dishwashing liquid #2	15	limonene, styrene
dishwasher detergent	19	terpinyl acetate
liquid air freshener	29	linalool, limonene, alcohol, C10H18O, C10H20O
solid air freshener	24	alcohols, limonene, C10H18O (?), camphor
spray air freshener	16	fluor compound, limonene, C15H24, ethanol
correction fluid	16	trichloroethylene, ethylene dichloride
paint remover	8	toluene, methylene chloride
department store	25	toluene, p-dichlorobenzene, ethanol
clothing store	28	ethanol, isopropanol

shopping mall	29	ethanol, isopropanol
potpourri shop	33	ethanol, toluene
craft/hobby store #1	31	isopropanol, 1,1,1-trichloroethane
craft/hobby store #2	31	isopropanol, unknown
auto part shop	30	toluene, methylene chloride, tetrachloroethylene
tire shop	17	1,1,1-trichloroethane
tire warehouse	27	1,1,1-trichloroethane
carpet store	24	1,1,1-trichloroethane
grocery, detergents	28	limonene, tetrachloroethylene
grocery, pet foods	18	limonene, tetrachloroethylene
health club	17	ethanol, silane compound
room with air freshener	14	p-dichlorobenzene, ethanol
closet with cedar chips	22	ethanol, limonene
new shower curtain	16	decane, ethylene dichloride

(a) Number of chemicals identified in headspace or canister sample

(b) In order of relative amounts

(c) Identification tentative

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Table II. 20 most common chemicals found in 31 fragrance products.

<b>CHEMICAL</b>	<b>N (a)</b>
ethanol	23
limonene	23
linalool	22
B-phenethyl alcohol	21
B-myrcene	17
benzyl acetate	15
benzyl alcohol	15
benzaldehyde	14
a-terpineol	14
ocimene	13
B-citronellol	13
a-pinene	12
acetone	11
ethyl acetate	11
y-terpinene	11
1,8-cineole	10
a-terpinolene	9
nerol	9
camphor	8
methylene chloride	8

(a) Number of times chemical identified in headspace of 31 products

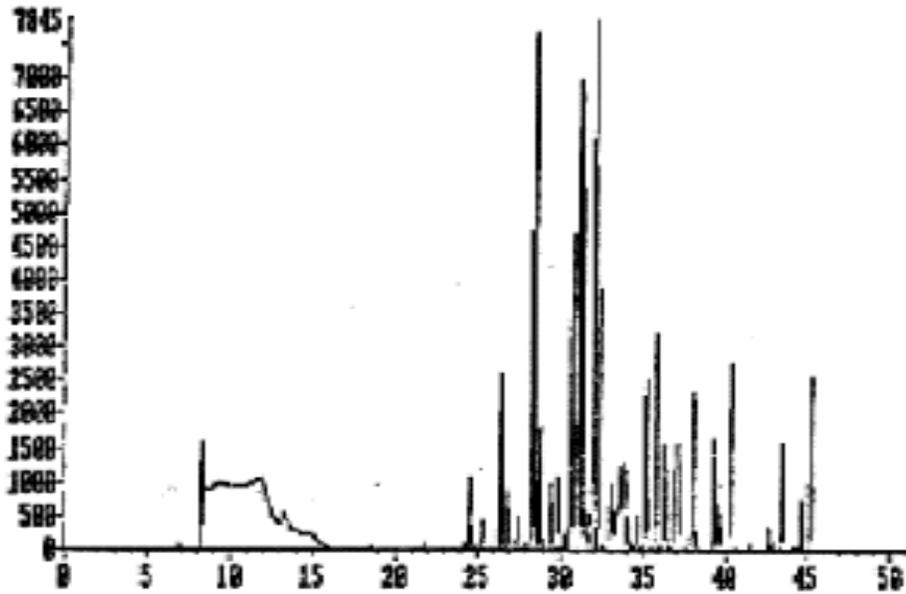
Table III. 15 most common chemicals found in 15 microenvironments.

<b>CHEMICAL</b>	<b>N (a)</b>
toluene	15
methylene chloride	14
ethanol	12
1,1,1-trichloroethane	12
silane compound	12
a-pinene	11
isopropanol	11
m,p-xylene	11
n-undecane	11
n-decane	10
limonene	10
chlorodifluoromethane	9
acetone	9
trimethylbenzene isomer	8
n-nonane	7

(a) Number of times chemical identified in 15 microenvironments

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### Liquid Air Freshener Headspace



### Liquid Air Freshener Headspace via Canister

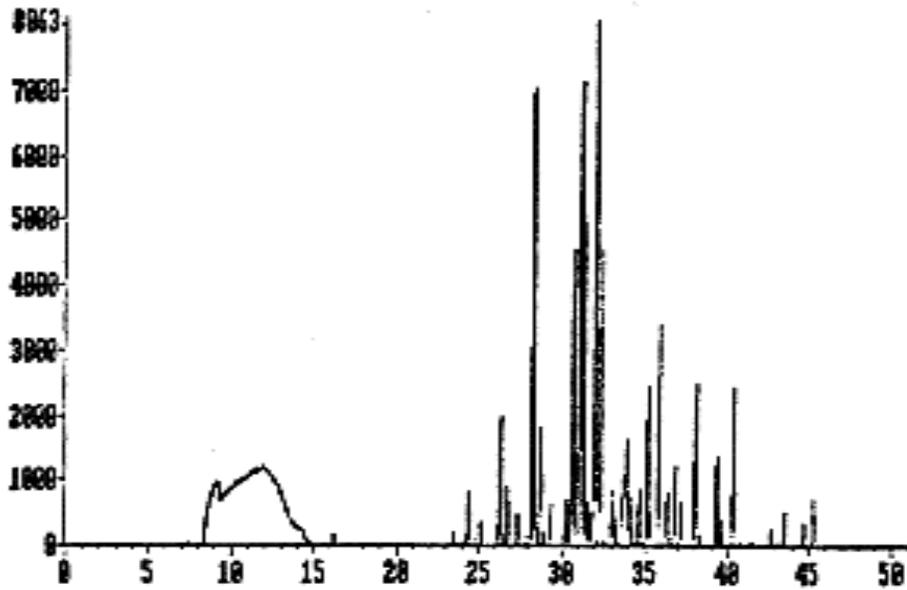
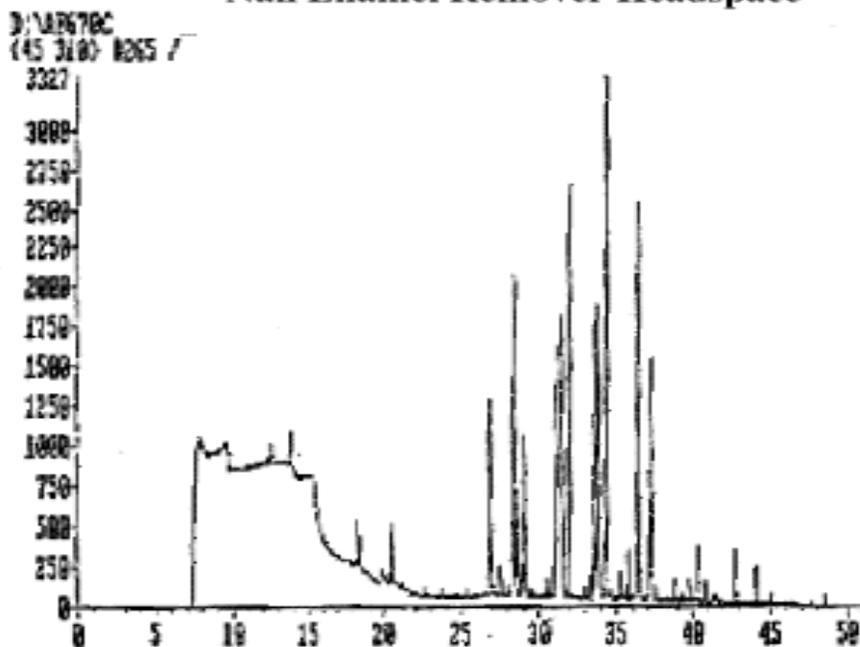


Figure 1. Reconstructed ion chromatogram of Headspace of liquid air freshener sampled directly (top) and by evacuated canister (bottom).

### Nail Enamel Remover Headspace



### Nail Enamel Remover Headspace via Canister

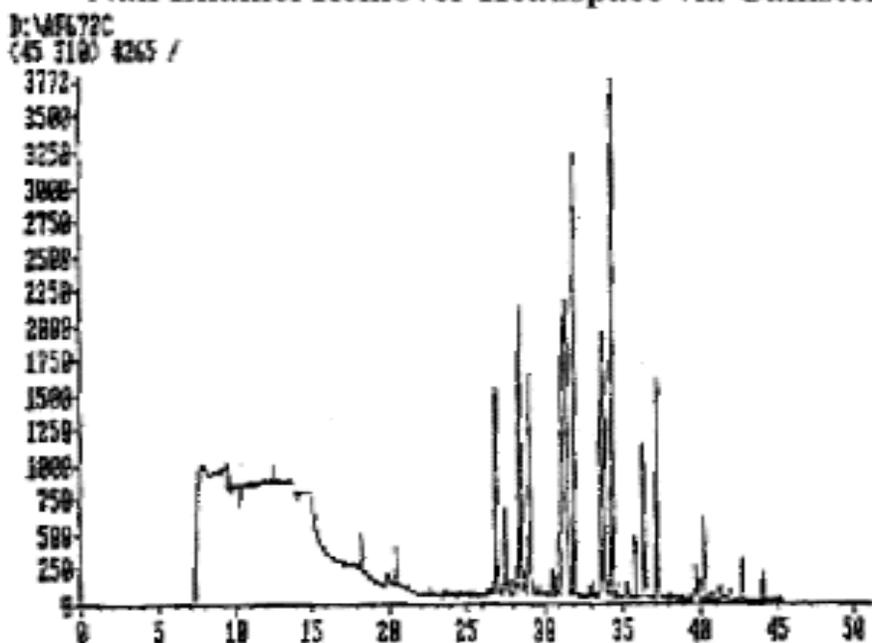


Figure 2. Reconstructed ion chromatogram of headspace of nail enamel remover sampled directly (top) and by evacuated canister (bottom).

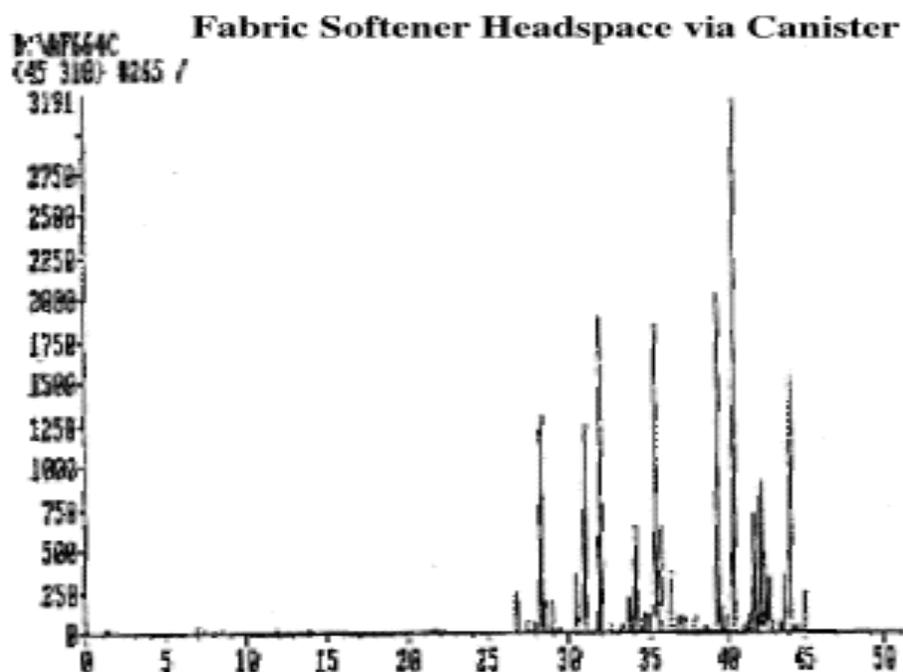
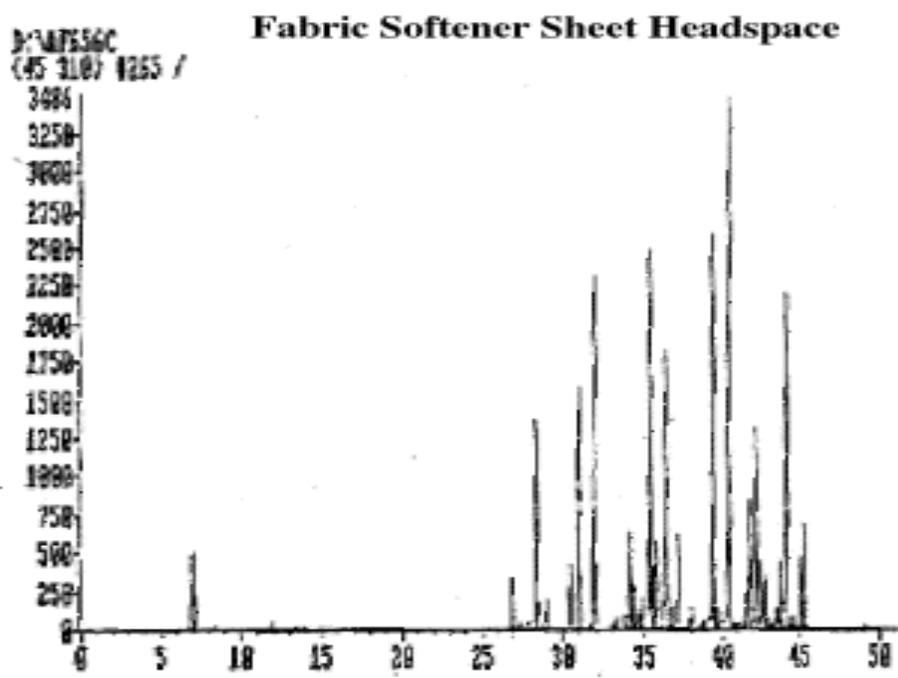


Figure 3. Reconstructed ion chromatogram of headspace of fabric softener sheet sampled directly (top) and by evacuated canister (bottom).